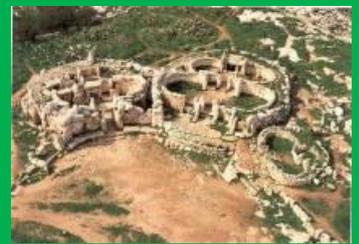


Ancient Sites of Gozo



Ancient examples of sacred sites can be found across the continents, their spiritual appeal still attracts all sorts of people today. The attractions of their creative and emotive space are somewhat appealing as you instantly become drawn into their energies. The sacred sites located in Gozo are quite unique to the planet, one of the sites located there is called “Ġgantija” which is the oldest man made structure in the world.

As part of the Ancient Sites Alignments and Activations journey you are guided on a sacred path that leads towards discovery and self-realization. As part of the journey each day you after experiencing a sense and element stimulation on the new 9D clearing experience, which is held in the nurturing energies of a privately owned ancient cave in Xahgra, Gozo, you are guided to ancient sites that rebalance your energies, soothing and calming the body, mind and soul. It is a meditative path that promotes unity and feelings of peace.

Each site links to a sense and is a very elemental experience. On the start of the journey you visit Odyssey’s cave which overlooks a breath taking view of Ramla Bay that promotes the visitor to be in touch as a group as you are guided into a meditative state which brings you closer to your soul’s journey and united as a soul group. The 2nd stage of the journey is to Gigantija as mentioned earlier where you can stop for a while taking in the steeped history of this magnificent temple that predates Stonehenge and the pyramids. The 3rd day of the journey you are lead to site that has unique sounds emanating from the Neolithic rocks and receive downloads from great wisdom that has been downloaded into them, they create the most wondrous sounds when tapped upon. On the 4th part of the journey you visit each element site, Air, Wood, Fire, Earth, Water and then finish on a sacred stone circle that promotes reflection and illumination as each element site is linked as part of the element alignment. On the 5th day one steps upon an ancient rock that overlooks breath taking views of the Mediterranean and the azure window, the energies’ of the site has an expansiveness effect on consciousness and promotes healing. On the last day you enter the releasing stage of 9D which completes on a site known as the launch pad that connects to the 9th dimension energies.

The journey is powerful, calming and balancing. In this modern age more and more people are seeking change to gain more freedom, peace and fulfilment in their lives. Are you ready to embark on this journey of self-discovery?

For more details visit www.mindandbodylink.com or contact Pippa or Lucy on 07843971537 or email mindandbodylink@gmail.com